

# Check out Cochrane Library, Dynamed, electronic textbooks and more—for free

Want to revisit the evidence on . . . ? The search for information got easier in January with the launch of the new website **HEAL-WA** by the University of Washington Health Sciences Library for licensed health professionals.

HEAL-WA (Health Electronic Resource for Washington) can be used by physicians, registered nurses, physician assistants, massage

**HEAL-WA's goal is to provide evidence-based information on specific diseases, conditions or medications to health professionals.**

therapists, naturopaths, podiatrists, chiropractors, psychologists, optometrists, mental health counselors, clinical social workers and acupuncturists.

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## Resources available through HEAL-WA

### MORE THAN 40 ELECTRONIC TEXTBOOKS

Includes drug guides, Harrison's, Current Diagnosis & Treatment series and more.

### DYNAMED

Clinically-organized summaries for more than 3,000 topics, created for use primarily at the point of care.

### NATURAL STANDARD

High-quality, evidence-based information on dietary supplements, functional foods, diets, complementary practices (modalities), exercises, and medical conditions.

### COCHRANE LIBRARY

The 'gold standard' for evidence-based health care, Cochrane reviews provide the combined results of the world's best medical research studies.

### PUBMED

The premier National Library of Medicine bibliographic database, providing access to citations from biomedical literature.

### NURSING REFERENCE CENTER

Information about conditions and diseases, patient education resources, drug information, continuing education, lab & diagnosis detail, best practice guidelines, and more.

### CINAHL WITH FULL TEXT

References to nursing, biomedicine, alternative/complementary medicine, and consumer health literature; some full text available.

### ALT-HEALTHWATCH WITH FULL TEXT

Full-text articles and much more on the many perspectives of complementary, holistic and integrated approaches to health care and wellness.

### AMED DATABASE

References to complementary medicine, physiotherapy, occupational therapy, rehabilitation, podiatry, palliative care, and more.

### MANTIS DATABASE

Addresses all areas of alternative medical literature including chiropractic, osteopathy, homeopathy, and manual medicine.

### PSYCINFO DATABASE

Citations and summaries of peer-reviewed journal articles, book chapters, and more, all in the field of psychology and the psychological aspects of related disciplines.

### SOCIAL WORK ABSTRACTS DATABASE

Contains information on the fields of social work and human services.

## How do I access HEAL-WA?

Go to <http://heal-wa.org/>. You may use all of the resources in HEAL-WA by setting up a HEAL-WA user ID and password. On the homepage, click on "Getting Started." Note: you will be asked your professional license number.

The WSMA is scheduling outreach efforts in collaboration with the UW Health Sciences Library to help physicians and physician assistants use the new service. For information on WSMA programs, contact Bob Perna, (206) 441-5863, 1 (800) 552-0612 or [rjp@wsma.org](mailto:rjp@wsma.org). For more about HEAL-WA, contact Valerie Lawrence, MLS, Resource Coordinator for HEAL-WA, at [vjlawren@u.washington.edu](mailto:vjlawren@u.washington.edu) or (206) 221-2452. ●